

ORLAND PARK SOCCER CLUB

• P.O. Box 162 • Orland Park, Illinois 60462 •



2008 Indoor Soccer Rules

FIFA rules will be used with the following modifications:

Field of Play	<ol style="list-style-type: none"> 1. Playing area is 185' x 85'. 2. Penalty area with 10' radius at the top. 3. Center circle with 10' radius. 4. Goals are 12' x 6' 6".
Ball	<ol style="list-style-type: none"> 1. Size 3 for first and second grade. 2. Size 4 for third, fourth, fifth and sixth. 3. Size 5 for seventh grade and above.
Equipment	<ol style="list-style-type: none"> 1. Players on the same team must dress in matching jerseys and socks. 2. Goalkeepers must wear colors which distinguish them from all other players and referees. (Does not apply to 1st or 2nd Grade) 3. Shin guards are mandatory and must be totally covered by socks. 4. Only molded rubber spikes or flat soled shoes maybe worn on the field (no metal studded/screw-in spikes on shoes.) 5. Goalie gloves and pinnie will be provided to each coach. Game balls will be at front desk and will be clearly marked. (Does not apply to 1st or 2nd Grade)
Number of Players	<ol style="list-style-type: none"> 1. 4-5 on a side grades 1 & 2. 2. 7 on a side, including keeper, grades 3 and up. 3. Penalized players can not be substituted. 4. Teams with a five (5) goal lead should remove one player from the field.
Duration of the Game	<ol style="list-style-type: none"> 1. A game shall be played in two halves of 25 minutes, or at the discretion of the referee. 1st and 2nd Grade, 5 minute intervals. 2. The clock will be started at the official game time. 3. A half-time interval shall be 3 minutes. No half-time for 1st & 2nd Grade. 4. The clock will not be stopped for any reason, so as to keep the schedule on track.
Start of Play	<ol style="list-style-type: none"> 1. The home team defends the south goal and has the first kick off. The home team is listed on the left side all scheduled matches. 2. Teams will change direction at halftime and alternate kick off. Visitors will have the kick off at the start of the second half. 3. A goal can be scored directly from a kick off. 4. The ball can be passed back on the kick off.
Substitutions	<ol style="list-style-type: none"> 1. Free unlimited substitutions during play. 2. Substitutions may be made "on the fly," provided the player being substituted for is within 5 feet of the dasher board doors before the next player comes onto the field. If a player leaves the bench early OR the player coming off the field participates in play, a "too many players" on the field penalty will be issued at the discretion of the referee. 3. Goalie substitutions can only be made after acknowledgement from the referee. 4. Players must enter/exit the field through the dasher board doors. NO JUMPING OVER THE BOARD. Non-compliance will result in a yellow card. 5. Only the single doors near each bench are to be used for substitutions. Please do not use any of the double doors.

Offsides	1. None.
Penalty Kicks	1. Penalty kicks are to be taken from the mark inside the penalty area. 2. All players, except the defending goalkeeper, must be out of the penalty area and behind the ball.
Throw-ins	1. None, free kicks only.
Three Line Rule	1. None.
Fouls and Misconduct	1. Blue Card: A player receiving a blue card will serve a two (2) minute penalty for a minor infraction and his/her team will play short for the duration of the penalty time. A second blue card is equivalent to a yellow card. 2. Cautioned (yellow carded) players must serve a four (4) minute penalty. A second caution for the same player in a match is equivalent to a red card and the player is to be ejected from the match. 3. If a red card is issued the penalized team must play short for four (4) minutes. 4. Penalized players may not be substituted for and the team must play shorthanded until the penalty is served or until a goal is scored by the non-penalized team. 5. Players who are ejected for fighting must leave the arena and further sanctions will be imposed by OPSC. 6. At the discretion of the referee, unruly players may be sent from the arena.
Free Kicks	1. All free kicks are direct. 2. All defending players must be five (5) yards from the ball. 3. Out of play balls will be put into play with a free kick or a corner kick for the opposing team. 4. Balls hitting the end net will be either a corner kick or goal kick, depending on the last player touching the ball. 5. Balls hitting the side net will be placed on the turf nearest where the ball hit the net. 6. Balls going over the walls will be placed within the three (3) foot perimeter where the ball left the field. 7. Balls hitting the ceiling will be placed where it was kicked from but no closer to the goal than the penalty area.
Goal Keeper (Does not apply to 1 st and 2 nd Grades)	1. Outdoor FIFA Laws apply when passing back to the goalkeeper. 2. To protect the ceiling lights, only first and second grade goalkeepers, playing in the youngest division, may punt or drop-kick the ball. 3. A goalkeeper switch is not required at the half. 4. A goalkeeper is required to wear a goalie jersey or pinnie over their uniform jersey.
Slide Tackles	1. Slide tackling the ball by field players is not permitted. If penalized, a direct free kick will be awarded to the opposing team. 2. Goalkeepers may slide tackle only if the slide begins inside the penalty area.
Coaches	1. There must be an adult coach, 21 or older, in the team box at all times during a match. No one is permitted behind the goal. 2. A maximum of three coaches will be permitted in the team box for Grades 1 through 4. A maximum of two coaches are permissible for all other grades. 3. Coaches are responsible for the bench players', players parents' and guests' behavior. 4. Coaches shall be warned for unruly behavior or referee abuse. Further abuse will result in the coach or coaches being ejected and the game may be terminated. First violation= warning Second violation = 2 minute bench penalty (bench penalty requires that a player from the penalized team be removed from the field for the duration of the penalty).
FIFA Laws	Game situations that are not covered in OPSC special rules are to be governed by the current year FIFA Laws.